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KANSAS MEDICAL ASSISTANCE PROGRAM  
Fee-for-Service Provider Manual

HCBS  
Frail Elderly

**PART II**  
**HCBS FE FEE-FOR-SERVICE PROVIDER MANUAL**

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**FORMS**      All forms pertaining to this provider manual can be found on the [public](#) website and on the [secure](#) website under Pricing and Limitations. Sample forms may be used to document HCBS FE services. Use of these forms is not required, but they can be duplicated for your use.

**DISCLAIMER:** This manual and all related materials are for the traditional Medicaid fee-for-service program only. For provider resources available through the KanCare managed care organizations (MCOs), reference the [KanCare](#) website. Contact the specific health plan for managed care assistance.

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## INTRODUCTION TO THE HCBS FE PROGRAM

Updated 03/19

The Home and Community Based Services for the Frail Elderly (HCBS FE) waiver program is designed to meet the needs of participants 65 years of age and older who would be institutionalized without these services. The variety of services are designed to provide the most integrated means for maintaining the overall physical and mental condition of those participants with the desire to live outside of an institution.

- Adult Day Care
- Assistive Technology
- Personal Care Services
- Comprehensive Support
- Financial Management Services

*Note:* Refer to the *HCBS Financial Management Services Fee-for-Service Provider Manual* for criteria and information.

- Home Telehealth
- Medication Reminder
- Nursing Evaluation Visit
- Oral health services

*Note:* Refer to the *Dental Provider Manual* for criteria and information.

- Personal Emergency Response
- Enhanced Care Services
- Wellness Monitoring

All HCBS FE waiver services require prior authorization through the plan of care (POC) process.

### Enrollment

All HCBS FE providers must enroll and receive a provider number for HCBS FE services. Contact the fiscal agent to enroll.

### Miscellaneous Documentation

With the transition to an Electronic Verification and Monitoring (EV&M) system through AuthentiCare<sup>®</sup> Kansas, recoupments are no longer identified solely based on the lack of meeting documentation requirements for dates of service from January 1 to April 30, 2012.

### Notes in AuthentiCare Kansas

Providers are expected to use the “notes” field in the AuthentiCare Kansas web application every time adjustments are made (time in/out or activity codes, for example). At a minimum, the following information needs to be included in the note:

- The person requesting the adjustment
- Specifically what is being adjusted (clock in at 10:35 a.m. added, activity codes for bathing added and toileting removed, etc.)
- Reason for the adjustment (started shopping outside of home, forgot to clock in/out, etc.)
- If the adjustment was confirmed with the participant

## INTRODUCTION TO THE HCBS FE PROGRAM

Updated 12/16

### Signature Limitations for All FE Services

In all situations, the expectation is that the participant provides oversight and accountability for people providing services for them. Signature options are provided in recognition that a participant's limitations make it necessary that they be assisted in carrying out this function. A designated signatory may be anyone who is aware services were provided. The individual providing the services **cannot** sign the time sheet on behalf of the participant.

Each time sheet must contain the signature of the participant or designated signatory verifying that the participant received the services and that the time recorded on the time sheet is accurate. The approved signing options include:

- Participant's signature
- Participant making a distinct mark representing his or her signature
- Participant using his or her signature stamp
- Designated signatory

In situations where there is no one to serve as designated signatory, the billing provider establishes, documents, and monitors a plan based on the first three concepts above.

Participants who refuse to sign accurate time sheets when there is no legitimate reason should be advised that the personal care services worker's time may not be paid or money may be taken back. Time sheets that do not reflect time and services accurately should not be signed. Unsigned time sheets are a matter for the billing provider to address.

### HIPAA Compliance

As a participant in KMAP, providers are required to comply with compliance reviews and complaint investigations conducted by the Secretary of the Department of Health and Human Services as part of the Health Insurance Portability and Accountability Act (HIPAA) in accordance with section 45 of the code of regulations parts 160 and 164. Providers are required to furnish the Department of Health and Human Services all information required during its review and investigation. The provider is required to provide access to records to the Medicaid Fraud and Abuse Division of the Kansas attorney general's office upon request from such office as required by K.S.A. 21-3853 and amendments thereto.

A provider who receives such a request for access to or inspection of documents and records must promptly and reasonably comply with access to the records and facility at reasonable times and places. A provider must not obstruct any audit, review or investigation, including the relevant questioning of employees of the provider. The provider must not charge a fee for retrieving and copying documents and records related to compliance reviews and complaint investigations.

### KMAP Audit Protocols

The [KMAP Audit Protocols](#) are available on the [Provider](#) page of the KMAP website under the *Helpful Information* heading.

## **7000. HCBS FE BILLING INSTRUCTIONS Updated 10/17**

### **Introduction to the CMS 1500 Claim Form**

Providers must use the CMS 1500 paper or equivalent electronic claim form when requesting payment for medical services provided under KMAP. Claims can be submitted on the KMAP secure website, through Provider Electronic Solutions (PES), or by paper. When a paper form is required, it must be submitted on an original, red claim form and completed as indicated or it will be returned to the provider. The Kansas MMIS uses electronic imaging and optical character recognition (OCR) equipment. Therefore, information is not recognized unless submitted in the correct fields as instructed.

Any of the following billing errors may cause a CMS 1500 claim to deny or be sent back to the provider:

- Sending a CMS 1500 Claim Form carbon copy.
- Sending a KanCare paper claim to KMAP.
- Using a PO Box in the Service Facility Location Information field.

An example of the CMS 1500 Claims Form and instructions are available on the KMAP [public](#) and [secure](#) websites on the Forms page under the Claims (Sample Forms and Instructions) heading.

The fiscal agent does not furnish the CMS 1500 Claim Form to providers. Refer to **Section 1100** of the *General Introduction Fee-for-Service Provider Manual*.

### **Submission of Claim**

Send completed claim and any necessary attachments to:

KMAP  
Office of the Fiscal Agent  
PO Box 3571  
Topeka, Kansas 66601-3571

All claims for HCBS FE services, with the exception of oral health services, provided outside of licensed nursing, assisted living, residential health care, home plus, or boarding care facilities must be submitted through the EV&M system, AuthentiCare Kansas, web application.

## **7010. HCBS FE SPECIFIC BILLING INSTRUCTIONS Updated 01/16**

### **ADULT DAY CARE**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.  
For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

#### **Adult Day Care, half day**

Enter procedure code S5101 in Field 24D of the CMS 1500.

**One unit equals one to five hours and is limited to one unit per day.**

#### **Adult Day Care, per diem**

Enter procedure code S5102 in Field 24D of the CMS 1500.

**One unit equals more than five hours and is limited to one unit per day.**

**Only one Adult Day Care service (either S5101 or S5102) can be billed on the same day by the same provider.**

### **ASSISTIVE TECHNOLOGY**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.  
For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

Enter procedure code T2029 in Field 24D of the CMS 1500.

**One unit equals one purchase.**

### **PERSONAL CARE SERVICES**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.  
For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

#### **Provider-Directed Personal Care Services**

Level One - Enter procedure code S5130 in Field 24D of the CMS 1500.

Level Two - Enter procedure code S5125 in Field 24D of the CMS 1500.

Level Three - Enter procedure code with modifier S5125UA in Field 24D of the CMS 1500.

**One unit equals 15 minutes.**

#### **Self-Directed Personal Care Services**

Enter procedure code with the modifier, S5125UD, in Field 24D of the CMS 1500.

**One unit equals 15 minutes.**

### **COMPREHENSIVE SUPPORT**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.  
For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

#### **Provider-Directed Comprehensive Support**

Enter procedure code S5135 in Field 24D of the CMS 1500.

**One unit equals 15 minutes.**

## **7010. HCBS FE SPECIFIC BILLING INSTRUCTIONS Updated 10/17**

### **Self-Directed Comprehensive Support**

Enter procedure code with modifier, S5135UD, in Field 24D of the CMS 1500.

**One unit equals 15 minutes.**

### **HOME TELEHEALTH**

Enter procedure code S0317 in Field 24D of the CMS 1500.

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.

For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

**One unit equals one day.**

**Installation** of Home Telehealth equipment and training – Enter procedure code S0315 in Field 24D of the CMS 1500.

**Installation is covered up to twice per calendar year.**

### **MEDICATION REMINDER**

Enter procedure code S5185 in Field 24D of the CMS 1500.

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.

For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

**One unit equals one month.**

### **NURSING EVALUATION VISIT**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.

For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

Enter procedure code T1001 in Field 24D of the CMS 1500.

**One unit equals one face-to-face visit.**

### **PERSONAL EMERGENCY RESPONSE**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.

For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

**Rental** of Personal Emergency Response - Enter procedure code S5161 in Field 24D of the CMS 1500.

**One unit equals one month.**

**Installation** of Personal Emergency Response - Enter procedure code S5160 in Field 24D of the CMS 1500.

**Installation is covered up to twice per calendar year.**

### **ENHANCED CARE SERVICES**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500.

For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

Enter procedure code T2025 in Field 24D of the CMS 1500.

**One unit equals a minimum of six hours. Only one unit is allowed within a 24-hour period of time.**

## **7010. HCBS FE SPECIFIC BILLING INSTRUCTIONS Updated 10/17**

### **WELLNESS MONITORING**

For dates of service prior to October 1, 2015, enter diagnosis code 78099 in Field 21 of the CMS 1500. For dates of service on and after October 1, 2015, enter diagnosis code R6889 in Field 21 of the CMS 1500.

Enter procedure code S5190 in Field 24D of the CMS 1500.

**One unit equals one face-to-face visit.**

*Note:* Although for billing purposes the system POC is authorized on a monthly basis, the total hours for a participant cannot exceed the daily or weekly approved amount as specified in the Customer Service Worksheet, if applicable, written POC, and the Notice of Action.

### **Client Obligation**

If a case manager has assigned a client obligation to a particular provider and informed this provider that they are to collect this portion of the cost of service from the client, the provider will not reduce the billed amount on the claim by the client obligation because the liability will automatically be deducted as claims are processed.

### **Overlapping Dates of Service**

The dates of service on the claim must match the dates approved on the POC and cannot overlap.

#### **Example**

An electronic POC has two detail line items: the first line ends on the 15th of the month and the second line begins on the 16th with an increase of units. A claim with a line item for services dated the 8th through the 16th will deny because it conflicts with the dates that have been approved on the electronic POC. At this time, the claims system is unable to read two different lines on the POC for one line on a claim. For the first detail line item listed above (up to the 15th of the month), any service dates that fall between the 1st and the 15th of that month will be accepted by the system and not deny because of a conflict in the dates of service. Services for multiple months should be separated out and each month submitted on a separate claim.

### **Same Day Service**

For certain situations, HCBS services approved on a POC and provided the same day a participant is hospitalized or in a nursing facility may be allowed. Situations are limited to:

- HCBS services provided the date of admission, if provided PRIOR to participant being admitted
- HCBS services provided the date of discharge, if provided FOLLOWING the participant's discharge
- Emergency Response Services



## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ADULT DAY CARE**

This service is designed to maintain optimal physical and social functioning for HCBS participants. This service provides a balance of activities to meet the interrelated needs and interests (for example, social, intellectual, cultural, economic, emotional, and physical) of HCBS participants.

#### **This service includes:**

- Basic nursing care as delegated or provided by a licensed nurse and as identified in the service plan
- Daily supervision/physical assistance with certain activities of daily living limited to eating, mobility, and may include transfer, bathing, and dressing as identified in the Customer Service Worksheet (CSW).

This service shall not duplicate other waiver services.

### **ADULT DAY CARE LIMITATIONS**

- Service may not be provided in the participant's own residence.
- Participants living in an assisted living facility, residential health care facility, or home plus facility are not eligible for this service.
- Service is limited to a maximum of two units of service per day, one or more days per week.
- A registered nurse (RN) must be available on-call as needed.
- Special dietary needs are not required but may be provided as negotiated on an individual basis between the participant and the provider. No more than two meals per day may be provided.
- Transfer, bathing, toileting, and dressing are not required but may be provided as negotiated on an individual basis between the participant and the provider as identified in the individual's POC and if the provider is capable of this scope of service.
- Therapies (physical, occupational, and speech) and transportation are not covered under this service but may be covered through regular Medicaid.

### **ADULT DAY CARE ENROLLMENT**

Providers must be licensed by the Kansas Department for Aging and Disability Services (KDADS). Licensed entities include free-standing adult day care facilities, nursing facilities, assisted living facilities, residential health care facilities, and home plus facilities.

### **ADULT DAY CARE REIMBURSEMENT**

#### **Adult Day Care, half day**

One unit equals one to five hours and is limited to one unit per day.

Maximum unit cost equals \$21.93.

Procedure code is S5101.

#### **Adult Day Care, per diem**

One unit equals more than five hours and is limited to one unit per day.

Maximum unit cost equals \$43.86.

Procedure code is S5102.

## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **ADULT DAY CARE continued**

The reimbursement for this service is defined as a range to allow flexibility and efficiency in service delivery, provide consistency with other Medicaid services such as home health aide visits, and meet participant preferences in providers and service delivery methods. The participant will be monitored through case management. This will ensure providers deliver the necessary scope of service as agreed and defined in the POC regardless of the length of time needed to deliver service.

### **ADULT DAY CARE DOCUMENTATION REQUIREMENTS**

For a service provided within a licensed nursing, assisted living, residential health care, or home plus facility, written documentation is required for services provided and billed to KMAP. Documentation, at a minimum, must consist of an attendance record. This record must include the following:

- Identify the waiver service being provided (Adult Day Care)
- Participant's initials each visit if using an attendance record covering more than one day
- Participant's name (first and last) and signature, at a minimum each week
- Name and signature of authorized staff member
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours

This record must be generated and maintained during the time frame covered by the document. Generating documentation after-the-fact is not acceptable. A sample of the HCBS FE Adult Day Care Log is on the KMAP [public](#) and [secure](#) websites and may be used to document HCBS FE services. Use of this specific form is not required, but it may be duplicated for your use.

Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

For a service provided in a licensed free-standing adult day care facility, documentation is required for services provided and billed to KMAP and must be collected using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Adult Day Care)
- Identification of the participant receiving the service (first and last name)
- Identification of the authorized staff member
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours

**Note:** For participants who have been notified by their MCO to receive services under Expedited Service Delivery (ESD), the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ASSISTIVE TECHNOLOGY**

Assistive technology (AT) consists of either one of the following:

- Purchase of an item or piece of equipment that improves or assists with functional capabilities including, but not limited to, grab bars, bath benches, toilet risers, and lift chairs
- Purchase and installation of home modifications that improve mobility including, but not limited to, ramps, widening of doorways, bathroom modifications, and railings

### **ASSISTIVE TECHNOLOGY LIMITATIONS**

- AT is limited to the participant's assessed level of service need, as specified in the participant's POC, subject to an exception process established by the State. All participants are held to the same criteria when qualifying for an exception in accordance with the established KDADS policies and guidelines.
- All AT purchases require prior authorization from KDADS.
- This service must be cost-effective and appropriate to the participant's needs.
- This service is limited to a lifetime maximum of \$7,500.
- AT funded by other waiver programs is calculated into the lifetime maximum.
- Payment is for the item or modification and does not include administrative costs.
- Repairs or maintenance are not allowed for home modifications or assistive items.
- Home modification includes only those adaptations that are necessary to accommodate the mobility of the participant.
- Replacements and duplicate items shall not be covered for the first twelve months after the purchase date of the item.
- For home modifications to be authorized in a home not owned by the participant, the owner/landlord must agree, in writing, to maintain the modifications for the time period in which the HCBS FE participant resides there.
- Adaptations that add to the total square footage of the home are excluded from this benefit except when necessary to complete an adaptation.
- External modifications (such as, porches, decks, and landings) will only be allowed to the extent required to complete the approved request.
- Home accessibility adaptations cannot be furnished to adapt living arrangements that are owned or leased by providers of waiver services.
- If Medicare covers an AT item but denies authorization, HCBS FE will cover only the difference between the standardized Medicare portion of the item and the actual purchase price.

### **ASSISTIVE TECHNOLOGY ENROLLMENT**

Any business, agency, or company that furnishes AT items or services is eligible to enroll. Companies chosen to provide adaptations to housing structures must be licensed or certified by the county or city and must perform all work according to existing building codes. If the company is not licensed or certified, then a letter from the county or city must be provided stating licensure or certification is not required.

### **ASSISTIVE TECHNOLOGY REIMBURSEMENT**

One unit equals one purchase.

Procedure code is T2029.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ASSISTIVE TECHNOLOGY continued**

#### **ASSISTIVE TECHNOLOGY DOCUMENTATION REQUIREMENTS**

Written documentation is required for services provided and billed to KMAP. Documentation must include the following:

- The provider must maintain a copy of the receipt identifying that the service was provided. The receipt must include:
  - Name of the provider
  - Identification of item or technology being provided
  - Date of service (MM/DD/YY)
  - Amount of purchase
  - Participant's name (first and last) and signature
- Documentation must be generated at the time of purchase. Generating documentation after-the-fact is not acceptable. A sample of the HCBS FE Assistive Technology Receipt is on the KMAP [public](#) and [secure](#) websites and can be used to document HCBS FE services. Use of this specific form is not required, but it may be duplicated for your use.
- Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

**8400. BENEFITS AND LIMITATIONS Updated 12/16**

**PERSONAL CARE SERVICES**

There are two methods of providing Personal Care Services, provider-directed and self-directed. Participants are given the option to self-direct their Personal Care Services. A combination of service providers and types of Personal Care Services, either provider-directed and/or self-directed, may be used to meet the approved POC.

**PROVIDER-DIRECTED PERSONAL CARE SERVICES**

Personal Care Services provide supervision and/or physical assistance with instrumental activities of daily living (IADLs) and activities of daily living (ADLs) for participants who are unable to perform one or more activities independently (K.S.A. 65-6201). Personal Care Services may be provided in the participant’s choice of housing, including temporary arrangements. This service shall not duplicate other waiver services.

There are three levels of provider-directed Personal Care Services, which are referred to as Level I, Level II, and Level III. A combination of Level I (Services A & B) and Level II (Services C & D) can be used in the development of the POC. If a combination of Level I and Level II services are included in the POC, the Level II rate shall be paid if both levels of care are provided by the same provider. Level III will be used in the development of the POC for those participants residing in adult care homes. For boarding care homes, the tasks authorized on the POC must fall within the licensing regulations.

**Level I**

<b>Service A</b>	<b>Service B</b>
Home management of IADLs <ul style="list-style-type: none"> <li>• Shopping</li> <li>• House cleaning</li> <li>• Meal preparation</li> <li>• Laundry</li> </ul>	IADLs <ul style="list-style-type: none"> <li>• Medication set up, cueing, and reminding (supervision only)</li> </ul>
	ADLs-personal care services worker supervises the participant <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Grooming</li> <li>• Dressing</li> <li>• Toileting</li> <li>• Transferring</li> <li>• Walking/Mobility</li> <li>• Eating</li> <li>• Accompanying to obtain necessary medical services</li> </ul>

**Enrollment**

**For Service A only**

- Nonmedical resident care facilities licensed by the Kansas Department for Children and Families (DCF)
- Entities not licensed by DCF, KDADS, or the Kansas Department of Health and Environment (KDHE) must provide the following:
  - A certified copy of its Articles of Incorporation or Articles of Organization
 

*Note:* If a corporation or limited liability company is organized in a jurisdiction outside the state of Kansas, the entity shall provide written proof that it is authorized to do business in the state of Kansas.
  - Written proof of liability insurance or a surety bond

**8400. BENEFITS AND LIMITATIONS Updated 01/16**

**PERSONAL CARE SERVICES continued**

**Level I**

**For Services A or B**

- County health departments
- The following entities licensed by KDHE:
  - Medicare-certified home health agencies
  - State-licensed home health agencies
- The following entity licensed by KDADS:
  - Boarding care homes

**Reimbursement**

One unit equals fifteen minutes.

Maximum unit cost for Level I A or B equals \$3.38.

Procedure code is S5130.

**Level II**

An initial RN evaluation visit is necessary.

Service C	Service D
ADLs-physical assistance or total support <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Grooming</li> <li>• Dressing</li> <li>• Toileting</li> <li>• Transferring</li> <li>• Walking/Mobility</li> <li>• Eating</li> <li>• Accompanying to obtain necessary medical services</li> </ul>	Health maintenance activities <ul style="list-style-type: none"> <li>• Monitoring vital signs</li> <li>• Supervision and/or training of nursing procedures</li> <li>• Ostomy care</li> <li>• Catheter care</li> <li>• Enteral nutrition</li> <li>• Wound care</li> <li>• Range of motion</li> <li>• Reporting changes in functions or condition</li> <li>• Medication administration and assistance</li> </ul>
	A personal care services worker who is a certified home health aide or a certified nurse aide must not perform any health maintenance activities without delegation by a licensed nurse.
	A certified home health aide or certified nurse aide must not perform acts beyond the scope of their curriculum without delegation by a licensed nurse.

**8400. BENEFITS AND LIMITATIONS Updated 05/19**

**PERSONAL CARE SERVICES continued**

**Level III**

<b>IADLs</b>	<b>ADLs – Supervision, physical assistance, or total support</b>	
<ul style="list-style-type: none"> <li>• Shopping</li> <li>• House cleaning</li> <li>• Meal preparation</li> <li>• Laundry</li> <li>• Medication set up, cueing or reminding, and treatments</li> </ul>	<ul style="list-style-type: none"> <li>• Bathing</li> <li>• Grooming</li> <li>• Dressing</li> <li>• Toileting</li> </ul>	<ul style="list-style-type: none"> <li>• Transferring</li> <li>• Walking/Mobility</li> <li>• Eating</li> <li>• Accompanying to obtain necessary medical services</li> </ul>
<b>HEALTH MAINTENANCE ACTIVITIES</b>		
<ul style="list-style-type: none"> <li>• Monitoring vital signs</li> <li>• Ostomy care</li> <li>• Catheter care</li> <li>• Enteral nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Wound care</li> <li>• Range of motion</li> <li>• Reporting changes in functions or condition</li> <li>• Medication administration and assistance</li> <li>• Supervision and/or training of nursing procedures</li> </ul>	

A personal care services worker who is a certified home health aide or a certified nurse aide must not perform any health maintenance activities without delegation by a licensed nurse.

A certified home health aide or certified nurse aide must not perform acts beyond the scope of their curriculum without delegation by a licensed nurse.

**Enrollment for Level II Services C or D**

- County health departments
- The following entities licensed by KDHE
  - Medicare-certified home health agencies
  - State-licensed home health agencies

**Reimbursement**

- One unit equals fifteen minutes.
- Maximum unit cost for Level II C or D equals \$3.73.
- Procedure code is S5125.

**Enrollment for Level III Services**

- The following entities licensed by KDADS:
  - Home plus facilities
  - Assisted living facilities
  - Residential health care facilities

**Reimbursement**

- One unit equals fifteen minutes.
- Maximum unit cost for Level III equals \$4.12.
- Procedure code is S5125UA.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **PERSONAL CARE SERVICES continued**

#### **Medication Administration/Assistance in Licensed Facilities**

(K.A.R. 26-41-205 and K.A.R. 26-42-205)

- Any resident can self-administer and manage medications independently or by using a medication container or syringe prefilled by a licensed nurse or pharmacist or by a family member or friend providing this service gratuitously, if a licensed nurse has performed an assessment and determined that the resident can perform this function safely and accurately without staff assistance.
- Any resident who self-administers medication can select some medications to be administered by a licensed nurse or medication aide. The negotiated service agreement shall reflect this service and identify who is responsible for the administration and management of selected medications.
- If a facility is responsible for the administration of a resident's medications, the administrator or operator shall ensure that all medications and biologicals are administered to that resident in accordance with a medical care provider's written order, professional standards of practice, and each manufacturer's recommendations.

#### **Medication Administration Assistance in a Private Residence (K.A.R. 28-51-108)**

- A KDHE-licensed or Medicare-certified home health agency can provide nursing delegation to aides with sufficient training.
- The nurse delegation and training must be specific to the particular participant and his or her health needs.
- The qualified nurse retains overall responsibility.

### **PERSONAL CARE SERVICES DOCUMENTATION REQUIREMENTS**

Documentation is required for services provided and billed to KMAP. Documentation must be generated at the time of the visit. Generating documentation after this time is not acceptable. Written documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

#### **In Home Care**

For a service provided outside of a licensed adult care home, documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Personal Care Services, Level I or II)
- Identification of the participant receiving the service (first and last name)
- Identification of the personal care service worker providing the tasks
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours
- Identification of activities performed during each visit

For a postpayment review, reimbursement will be recouped if documentation is not complete.



## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **PERSONAL CARE SERVICES continued**

#### **In Home Care**

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Personal Care Services, Level I or II)
- Participant's name (first and last) and signature on each page of documentation
- Personal care services worker's name and signature on each page of documentation
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours
- Stop time for each visit, including AM/PM or using 2400 clock hours
- Identification of activities performed during each visit
- Time totaled by actual minutes and hours worked

*Note:* Billing staff may round the total to the quarter hour at the end of a billing cycle.

For a postpayment review, reimbursement will be recouped if documentation is not complete.

*Note:* For participants who have been notified by their MCO to receive Personal Care Services Level I or II under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

#### **Assisted Living Facilities, Residential Health Care Facilities, Home Plus Facilities, and Boarding Care Homes:**

Written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Personal Care Services, Level III)
- Participant's name (first and last) and signature must be on each page of documentation
- Personal care services worker's name and signature must be on each page of documentation
- Date of service (MM/DD/YY)
- Time spent daily for services rendered
- Identify activities performed during each contact
- Time totaled by actual minutes and hours worked

*Note:* Billing staff may round the total to the quarter hour at the end of the billing cycle.

For a postpayment review, reimbursement will be recouped if documentation is not complete.

#### **Limitations (Levels I, II, and III)**

- Personal care services workers must be 18 years of age or older.
- Covered ADL and IADL services are limited as defined within the CSW and approved POC.
- Personal Care Services is limited to a maximum of 48 units (12 hours) per day of any combination of provider-directed Level I, provider-directed Level II, and self-directed.

**8400. BENEFITS AND LIMITATIONS Updated 12/16**

**PERSONAL CARE SERVICES continued**

- Personal Care Services is limited to a maximum of 48 units (12 hours) per day for provider-directed Level III.
- Transportation is not covered with this service, but, if medically necessary, it may be covered through regular Medicaid.
- A participant’s spouse, guardian, conservator, person authorized as an activated durable power of attorney (DPOA) for health care decisions, or an individual acting on behalf of a participant shall not be paid to provide Personal Care Services for the participant. The only exception to this policy will be a relative who is an employee of an assisted living facility, residential health care facility, or home plus facility in which the participant resides and the relative’s relationship is within the second degree of the participant. (See K.A.R. 26-41-101 and K.A.R. 26-42-101 for regulatory requirements.)
- The service will not be paid while the participant is hospitalized, in a nursing home, or in any other situation where the participant is not available to receive the service.
- More than one personal care services worker will not be paid for services at any given time of the day; the only exception is when justification is documented on the Customer Service Worksheet and the case log by the case manager, for example, two-man lift for safety issues.
- Personal care services workers are not allowed to work and be paid for multiple HCBS participants at the same date and time.

**SELF-DIRECTED PERSONAL CARE SERVICES**

Personal Care Services provide supervision and/or physical assistance with instrumental activities of daily living (IADLs) and activities of daily living (ADLs) for participants who are unable to perform one or more activities independently (K.S.A. 65-6201). Personal Care Services may be provided in the participant’s choice of housing, including temporary arrangements. This service shall not duplicate other waiver services.

<b>IADLs</b>	<b>ADLs</b>	
<ul style="list-style-type: none"> <li>• Shopping</li> <li>• House cleaning</li> <li>• Meal preparation</li> <li>• Laundry</li> <li>• Medication set up, cueing or reminding, and treatments</li> </ul>	<ul style="list-style-type: none"> <li>• Bathing</li> <li>• Grooming</li> <li>• Dressing</li> <li>• Toileting</li> </ul>	<ul style="list-style-type: none"> <li>• Transferring</li> <li>• Walking/Mobility</li> <li>• Eating</li> <li>• Accompanying to obtain necessary medical services</li> </ul>
<b>HEALTH MAINTENANCE ACTIVITIES</b>		
<ul style="list-style-type: none"> <li>• Monitoring vital signs</li> <li>• Supervision and/or training of nursing procedures</li> <li>• Ostomy care</li> <li>• Catheter care</li> <li>• Enteral nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Wound care</li> <li>• Range of motion</li> <li>• Reporting changes in functions or condition</li> <li>• Medication administration and assistance</li> </ul>	

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **PERSONAL CARE SERVICES continued**

Participants or their representatives are given the option to self-direct their Personal Care Services. The participant's representative may be an individual acting on behalf of the participant, an activated DPOA for health care decisions, or a guardian and/or conservator. If the participant or representative chooses to self-direct Personal Care Services, he or she is responsible for making choices about Personal Care Services including referring for hire, supervising, and terminating the employment of Personal Care Service workers; understanding the impact of those choices; and assuming responsibility for the results. Self-directed Personal Care Services is subject to the same quality assurance standards as other Personal Care Service providers including, but not limited to, completion of the tasks identified on the Customer Service Worksheet.

Refer to the *HCBS Financial Management Service Fee-for-Service Provider Manual* for additional information on responsibilities.

According to K.S.A. 65-1124(I), a participant who chooses to self-direct care is not required to have Personal Care Services supervised by a nurse. Furthermore, K.S.A. 65-6201(d) states that health maintenance activities can be provided “. . . if such activities in the opinion of the attending physician or licensed professional nurse may be performed by the individual if the individual were physically capable, and the procedure may be safely performed in the home.” Health maintenance activities and medication set up must be authorized, in writing, by a physician or licensed professional nurse.

### **Enrollment**

To enroll, providers must meet the provider requirements for Financial Management Services (FMS). Personal Care Services workers must be referred to the enrolled FMS provider of the participant's choice for completion of required human resources and payroll documentation.

### **Documentation Requirements**

Documentation is required for services provided and billed to KMAP. Documentation must be generated at the time of the visit. Generating documentation after this time is not acceptable. Written documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

Documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Self-Directed Personal Care Services)
- Identification of the participant receiving the service (first and last name)
- Identification of the personal care services worker providing the tasks
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours
- Stop time for each visit, including AM/PM or using 2400 clock hours
- Identification of activities performed during each visit

For a postpayment review, reimbursement will be recouped if documentation is not complete.

## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **SELF-DIRECTED PERSONAL CARE SERVICES continued**

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Self-Directed Personal Care Services)
- Participant's name (first and last) and signature on each page of documentation
- Personal care services worker's name and signature on each page of documentation
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours
- Stop time for each visit, including AM/PM or using 2400 clock hours
- Identification of activities performed during each visit
- Time totaled by actual minutes and hours worked

*Note:* Billing staff may round the total to the quarter hour at the end of a billing cycle.

For a postpayment review, reimbursement will be recouped if documentation is not complete.

*Note:* For participants who have been notified by their MCO to receive services under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

#### **Reimbursement**

One unit equals 15 minutes.

Maximum unit cost equals \$2.71.

Procedure code with modifier is S5125UD.

#### **Limitations**

- Personal care services workers must be 18 years of age or older.
- A participant who has a guardian and/or conservator cannot choose to self-direct his or her Personal Care Services; however, a guardian and/or conservator can make that choice on the ward's behalf.
- A guardian, conservator, person authorized as an activated DPOA for health care decisions, or individual acting on behalf of the participant cannot choose himself or herself as the paid personal care services worker. If the designation of the appointed representative is withdrawn, the individual may become the participant's paid personal care services worker after the next annual review or a significant change in the participant's needs occurs prompting a reassessment.

**EXCEPTION to this limitation:** Participants who were active on any HCBS waiver prior to July 1, 2000, and have had the same representative continually directing their care during that time, are exempt from this limitation. The MCO shall complete a home visit at least every three months to ensure that the selected personal care services worker is performing the necessary services.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **PERSONAL CARE SERVICES continued**

#### **SELF-DIRECTED PERSONAL CARE SERVICES**

- While a family member may be paid to provide Personal Care Services, a participant's spouse will not be paid to provide Personal Care Services unless one of the following criteria from K.A.R. 30-5-307 are met and prior approval received from the KDADS TCM program manager:
  - Three HCBS provider agencies furnish written documentation that the participant's residence is so remote or rural that HCBS services are otherwise completely unavailable.
  - Two health care professionals, including the attending physician, furnish written documentation that the participant's health, safety, or social well-being would be jeopardized. (Documentation must contain how or in what way the participant's health, well-being, safety, or social well-being would be jeopardized.)
  - The attending physician furnishes written documentation that, due to the advancement of chronic disease, the participant's means of communication can be understood only by the spouse.
  - Three HCBS providers furnish written documentation that delivery of HCBS services to the participant poses serious health or safety issues for the provider, thereby rendering HCBS services otherwise unavailable.
- The MCO and the participant or his or her representative will use discretion in determining if the selected personal care services worker can perform the needed services.
- Covered ADL and IADL services are limited as defined within the CSW and approved POC.
- Personal Care Services is limited to a maximum of 48 units (12 hours) per day of any combination of provider-directed Level I, provider-directed Level II and self-directed.
- Transportation is not covered with this service, but, if medically necessary, it may be covered through regular Medicaid.
- This service will not be paid while the participant is hospitalized, in a nursing home, or in any other situation where the participant is not available to receive the service.
- More than one personal care services worker will not be paid for services at any given time of the day; the only exception is when justification is documented on the Customer Service Worksheet and case log by the case manager, such as two-man lift for safety issues.
- Personal care services workers are not allowed to work and be paid for multiple HCBS participants at the same date and time.
- A participant residing in an assisted living facility (ALF), residential health care facility (RHCF), home plus facility, or boarding care home has chosen that provider as his or her selected caregiver. These housing choices supersede the self-directed care choice.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **COMPREHENSIVE SUPPORT**

Comprehensive Support is one-on-one, nonmedical assistance, observation, and supervision provided for a cognitively impaired adult to meet his or her health and welfare needs. The provision of comprehensive support does not entail hands-on nursing care: the primary focus is supportive supervision.

The worker is present to supervise the participant and to assist with incidental care as needed, as opposed to personal care services which is task specific. Leisure activities (for example, reading mail, books, and magazines or writing letters) may also be provided.

Comprehensive Support may be provided in the participant's choice of housing, including temporary arrangements.

This service shall not duplicate other waiver services.

There are two methods of providing Comprehensive Support, provider-directed and self-directed. Participants are given the option to self-direct their comprehensive support. A combination of service providers, either provider-directed and/or self-directed, can be used to meet the approved POC.

The participant's representative is given the option to self-direct the participant's Comprehensive Support. He or she may be an individual acting on behalf of the participant, a person authorized as an activated DPOA for health care decisions, a guardian, or a conservator. If the representative chooses to self-direct comprehensive support, he or she is responsible for making choices about Comprehensive Support, including referring for hire, supervising and terminating the employment of personal care services workers; understanding the impact of those choices; and assuming responsibility for the results of those choices.

Refer to the *HCBS Financial Management Services Fee-for-Service Provider Manual* for additional information on responsibilities.

### **COMPREHENSIVE SUPPORT LIMITATIONS**

- Comprehensive Support is limited to the participant's assessed level of service need, as specified in the participant's POC, not to exceed 12 hours per 24-hour time period, subject to an exception process established by the State. All participants are held to the same criteria when qualifying for an exception, in accordance with the established KDADS policies and guidelines.
- Personal care services workers must be 18 years of age.
- Comprehensive Support is limited to a maximum of 48 units (12 hours) a day to occur during the participant's normal waking hours. Comprehensive Support in combination with other FE waiver services cannot exceed 24 hours a day.
- A participant who has a guardian and/or conservator cannot choose to self-direct his or her Comprehensive Support; however, a guardian and/or conservator can make that choice on the participant's behalf.
- Under no circumstances shall a participant's spouse, guardian, conservator, person authorized as an activated DPOA for health care decisions, or an individual acting on behalf of a participant be paid to provide Comprehensive Support for the participant.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **COMPREHENSIVE SUPPORT continued**

- For a participant self-directing, the MCO and the participant or his or her representative will use discretion in determining if the selected worker can perform the needed services.
- Participants residing in an assisted living facility, residential health care facility, home plus facility, or boarding care home must have this service provided by a licensed home health agency and are not eligible to self-direct this service.
- An individual providing Comprehensive Support must have a permanent residence separate and apart from the participant.
- This service is limited to those participants who live alone or do not have a regular caretaker for extended periods of time.
- Comprehensive Support cannot be provided at the same time as HCBS FE Personal Care Services or HCBS FE Enhanced Care Services.
- This service will not be paid while the participant is hospitalized, in a nursing home, or in any other location where he or she is unable to receive the service.
- Workers are not allowed to work and be paid for multiple HCBS participants at the same date and time.

### **PROVIDER-DIRECTED COMPREHENSIVE SUPPORT ENROLLMENT**

- Medicare-certified or KDHE-licensed home health agencies
  - CILs
  - County health departments
  - Entities not licensed by DCF, KDADS, or KDHE
- Note:* These entities must provide the following documentation:
- A certified copy of its Articles of Incorporation or Articles of Organization. If a corporation or limited liability company is organized in a jurisdiction outside the State of Kansas, the entity must provide written proof that it is authorized to do business in the State of Kansas.
  - Written proof of liability insurance or surety bond.

### **SELF-DIRECTED COMPREHENSIVE SUPPORT ENROLLMENT**

To enroll, providers must meet the provider requirements for FMS. Workers must be referred to the enrolled FMS provider of the participant's choice for completion of required human resources and payroll documentation.

### **COMPREHENSIVE SUPPORT REIMBURSEMENT**

One unit equals 15 minutes.

Maximum unit cost equals \$3.38 per unit of provider-directed service.

Procedure code is S5135.

Maximum unit cost equals \$2.71 per unit of self-directed service.

Procedure code with modifier is S5135UD.

## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **COMPREHENSIVE SUPPORT continued**

#### **COMPREHENSIVE SUPPORT DOCUMENTATION REQUIREMENTS**

Documentation is required for services provided and billed to KMAP. Documentation must be generated at the time of the visit. Generating documentation after this time is not acceptable.

Documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Comprehensive Support)
- Identification of the participant receiving the service (first and last name)
- Identification of the worker providing the tasks
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Comprehensive Support)
- Initials of both participant and personal care services worker for each visit if using a log which covers more than one day
- Participant's name (first and last) and signature, on each page of documentation
- Personal care services worker's name and signature, on each page of documentation
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours
- Time must be totaled by actual minutes and hours worked.

**Note:** Billing staff may round the total to the nearest quarter hour at the end of a billing cycle.

For a postpayment review, reimbursement will be recouped if documentation is not complete.

- Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment. Sample forms are on the KMAP public and secure websites. They may be used to document HCBS FE services. Use of these specific forms is not required, but they may be duplicated for your use.

**Note:** For participants who have been notified by their MCO to receive services under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.



## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **HOME TELEHEALTH**

Home Telehealth is a remote monitoring system that enables the participant to effectively manage one or more diseases and catch early signs of trouble so intervention can occur before the participant's health declines. The provision of Home Telehealth involves participant education specific to one or more diseases (e.g. COPD, CHF, hypertension, and diabetes), counseling, and nursing supervision.

- Home Telehealth automates disease management activities and engages participants with personalized daily interactions and education to build and expand their self-management behaviors. The service will enable telehealth providers, after determining the participant's progress, to motivate behavior changes through user-friendly technology, helping participants meet goals for improved compliance with diet, exercise, medication, medical treatments, and self-monitoring of conditions to lower healthcare costs.
- Remote Monitoring Technology could include, but is not be limited to, a cardiac telemonitoring system, vital sign telemonitoring system with teleconsultation and/or touchscreen, vital sign telemonitoring mattress, web applications, and phone applications.
- The service benefits are to improve the participant's ability to meet goals for improved compliance with diet, exercise, medication, medical treatments, and self-monitoring of conditions and to lower healthcare costs.
- The technology is located in the participant's home, in an area appropriate for the specific technology being used (e.g. a telemonitoring mattress in the bedroom, a web application on the participant's own computer or device provided specifically for the monitoring).
- Telemonitoring services supplement rather than replace face-to-face physician visits and are scheduled with the participant's provider. If the participant requires general supervision and protective oversight or overnight staff support, provisions are made in the participant's Integrated Service Plan of Care (ISPOC).
- The provider accesses the telehealth system to review each participant's baseline (defined by the participant's physician at enrollment and indicated in the ISPOC), trended survey responses, and vital sign measurements. A licensed nurse monitors the health status of multiple participants and is alerted if vital parameters or survey responses indicate a need for follow-up by a healthcare professional.
- Telehealth services are provided on an individualized basis for participants who have an identified need in their ISPOC. Participant options and information are provided and discussed during the development of the ISPOC.
- Monitoring is initiated by the participant. The participant has full control over the equipment to maintain his or her right to privacy.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **HOME TELEHEALTH continued**

- The participant must be trained on how to use the designated equipment by the provider and/or equipment supplier. Equipment examples could include items such as a cardiac telemonitoring system, vital sign telemonitoring system with teleconsultation and/or touchscreen, vital sign telemonitoring mattress, web applications, and phone applications.
- The provider must ensure ongoing participant education specific to one or more diseases, counseling, and nursing supervision. Education must include topics such as symptoms to report, disease processes, risk factors, and other relevant aspects relating to the disease(s).
- A participant can qualify for this service if either of the following apply:
  - The participant is in need of disease management consultation and education AND has had two or more hospitalizations, including emergency room (ER) visits, within the previous year related to one or more diseases.
  - The participant is using MFP to move from a nursing facility back into the community.
- HCBS FE Home Telehealth services are not a duplication of Medicare/Medicaid telehealth services.
  - Even though the Kansas legislature calls this service “home telehealth”, the actual service follows the Centers for Medicare & Medicaid Services (CMS) telemonitoring definition which Medicare does not cover. HCBS FE Home Telehealth is a daily monitoring of the participant's vital sign measurements from the participant's home setting to attempt to divert a crisis episode; whereas Medicare telehealth includes specific planned contacts for professional consultations, office visits, and office psychiatry services, usually through video contact.
  - During the MCO development of the ISPOC approval process, the MCO will confirm there is no prior authorization for Medicaid home telehealth skilled nursing visits. If a prior authorization is identified, the HCBS FE Home Telehealth services will be denied.
- A backup plan must be documented in the participant's ISPOC in case of equipment malfunction. A response time must be included in the backup plan to avert any potential crisis situation.
- The services delivered through telemonitoring must comply with applicable state and federal laws related to the participant's right to privacy.
- Participants will be provided choice by the MCO care coordinator during the development of the participant's service plan.

### **HOME TELEHEALTH LIMITATIONS**

- A registered nurse (RN) or licensed practical nurse (LPN) with RN supervision must set up, supervise, and provide participant counseling.
- The participant must have a landline or wireless connection.
- Installation is required within 10 working days of approval.
- A maximum of two installations are covered per calendar year.

**KANSAS MEDICAL ASSISTANCE PROGRAM  
HCBS FE FEE-FOR-SERVICE PROVIDER MANUAL  
HOME TELEHEALTH  
BENEFITS & LIMITATIONS**

## **8400. BENEFITS AND LIMITATIONS Updated 11/17**

### **HOME TELEHEALTH continued**

- Monthly status reports must be provided to the physician and MCO care coordinator.
- Contact with the participant must be provided at least once a month to reinforce positive self-management behaviors.

*Note:* If a participant fails to perform daily monitoring for seven consecutive days, the MCO care coordinator must be notified to determine if continuation of the service is appropriate.

*Note:* A participant living in an assisted living facility, residential health care facility, or home plus facility is not eligible for this service.

### **HOME TELEHEALTH ENROLLMENT**

Providers can include home health agencies or county health departments with system equipment capable of monitoring participant vital signs daily. This includes (at a minimum) heart rate, blood pressure, mean arterial pressure, weight, oxygen saturation, and temperature. Also, the provider must have the capability to ask the participant questions which are tailored to his or her diagnosis.

The provider and equipment must have needed language options such as English, Spanish, Russian, and Vietnamese.

### **HOME TELEHEALTH REIMBURSEMENT**

Procedure code is S0317. One unit equals one day of service. Unit cost equals \$6.00.

**Install/Training:** Procedure code is S0315. One unit equals one installation (maximum of two installations per calendar year). Maximum cost per unit equals \$70.00.

*Note:* The requirement for providers to use AuthentiCare to bill for the referenced procedure codes/ service codes has been eliminated. These are limited service codes that no longer require providers to bill through AuthentiCare. Providers may bill through AuthentiCare or to the MCO directly.

### **HOME TELEHEALTH DOCUMENTATION REQUIREMENTS**

- Medicaid requires written documentation of services provided and billed to KMAP. Documentation, at a minimum, must include the following:
  - Identification of the waiver service being provided
  - Participant's name (first and last)
  - Nurse's name and signature with credentials
  - Date of service (MM/DD/YY)
  - Clinical measurements, as needed, based on the participant's presentation
  - Review of systems, as needed, based on the participant's presentation
  - Additional observations, interventions, and teaching issues
- Documentation must be generated at the time of the visit. Generating documentation after this time is not acceptable.
- Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **HOME TELEHEALTH continued**

#### **Electronic Documentation**

Documentation must include the following:

- Waiver service being provided (Home Telehealth)
- Participant receiving the service
- Nurse providing the service(s)
- Date of service (MM/DD/YY)
- Clinical measurements, as needed, based on the participant's presentation
- Review of systems, as needed, based on the participant's presentation
- Additional observations, interventions, and teaching issues
- Participant's signature authorizing the use of the electronic documentation system at the start of service delivery

*Note:* Electronic documentation of service delivery is allowed when meeting both documentation standards and signature standards as outlined above.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **MEDICATION REMINDER**

A medication reminder service provides a scheduled reminder to a participant when it's time for him or her to take medications. The reminder may be a phone call, automated recording, or automated alarm depending on the provider's system.

This service does not duplicate other waiver services.

### **MEDICATION REMINDER LIMITATIONS**

- Maintenance of rental equipment is the provider's responsibility.
- Repair/replacement of rental equipment is not covered.
- Rental, but not purchase, of equipment is covered.
- This service is limited to a participant who lives alone (or who is alone a significant portion of the day) in a residential setting, does not have a regular caretaker for extended periods of time, and would otherwise require extensive routine supervision.
- These systems may be maintained on a monthly rental basis even if a participant is admitted to a nursing facility or acute care facility for a planned brief stay period not to exceed two months following the admission month in accordance with public assistance policy.
- This service is available in the participant's place of residence, excluding adult care homes.

### **MEDICATION REMINDER ENROLLMENT**

Any company providing medication reminder services is eligible to enroll. Adult care homes are excluded from this service.

### **MEDICATION REMINDER REIMBURSEMENT**

Procedure code is S5185. One unit equals one month. Maximum unit cost equals \$15.91.

*Note:* The requirement for providers to use AuthentiCare to bill for the referenced procedure code/ service code has been eliminated. This is a limited service codes that no longer require providers to bill through AuthentiCare. Providers may bill through AuthentiCare or to the MCO directly.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **NURSING EVALUATION VISIT**

A Nursing Evaluation Visit is different from the initial assessment that is used to develop the Plan of Care (POC). A Nursing Evaluation Visit is a service provided only to participants that receive Level II Personal Care Services through a home health agency, assisted living facility, residential health care facility, or other licensed entity. A Nursing Evaluation Visit is conducted by an RN employed by the provider of Level II Personal Care Services. During the Nursing Evaluation Visit, the RN determines which Personal Care Services worker may best meet the needs of the participant and any special instructions/requests of the participant regarding delivery of services.

This service includes an initial face-to-face evaluation visit by an RN, one time, per participant, per provider. The following Level II Personal Care Services Health Maintenance Activities require an initial Nursing Evaluation Visit:

- Vital signs monitoring
- Supervision and/or training of nursing procedures
- Ostomy care
- Catheter care
- Enteral care
- Wound care
- Range of motion activities
- Changes in functions or condition reporting
- Medication administration and assistance

### **NURSING EVALUATION VISIT LIMITATIONS**

- A Nursing Evaluation Visit will need to be completed for a participant to access provider-directed Level II Personal Care Services Health Maintenance Activities.
- If a participant chooses a home health agency that has provided nursing services to the participant in the past and the agency is already familiar with the participant's health status, a nursing evaluation visit is not required.
- This service must be provided by an RN employed, or a self-employed RN contracted, by the Personal Care Services Level II provider.
- A Nursing Evaluation Visit is not conducted when a participant chooses to self-direct Personal Care Services (see the Personal Care Services Scope of Services Statement).
- The RN is responsible for submitting a written report to the participant's MCO within two weeks of the visit. This report will include any observations or recommendations the nurse may have relative to the participant which were identified during the Nursing Evaluation Visit.

### **NURSING EVALUATION VISIT ENROLLMENT**

- County health departments
- Self-employed RNs licensed in Kansas
- The following entities licensed by KDHE:
  - Medicare-certified home health agencies
  - State-licensed home health agencies
- The following entities licensed by KDADS:
  - Home plus facilities
  - Assisted living facilities
  - Residential health care facilities

KANSAS MEDICAL ASSISTANCE PROGRAM  
HCBS FE FEE-FOR-SERVICE PROVIDER MANUAL  
NURSING EVALUATION VISIT  
BENEFITS & LIMITATIONS

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **NURSING EVALUATION VISIT continued**

#### **NURSING EVALUATION VISIT REIMBURSEMENT**

Procedure code is T1001. One unit equals one face-to-face visit. Maximum unit cost equals \$40.56.

#### **NURSING EVALUATION VISIT DOCUMENTATION REQUIREMENTS**

Documentation is required for services provided and billed to KMAP. The nurse must provide the participant's MCO with a written summary of the visit within two weeks of the visit. The written summary must, at a minimum, include the following:

- Identification of the waiver service being provided
- Participant's name (first and last) and signature
- Nurse's name and signature with credentials
- Date of service (MM/DD/YY)
- Observations, interventions, teaching issues or instructions regarding delivery of services, etc.

For a service provided outside of a licensed adult care home, documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Nurse Evaluation Visit)
- Identification of the participant receiving the service (first and last name)
- Identification of the nurse providing the service
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Nurse Evaluation Visit)
- Participant's name (first and last) and signature
- Identification of the nurse providing the service
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

Documentation must be generated at the time of the visit. Generating documentation after-the-fact is unacceptable. A sample of the HCBS FE Nursing Evaluation form is on the [Forms](#) page of the public and secure websites. It can be used to document HCBS FE services. Use of this specific form is not required, but it can be duplicated for your use.

Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **PERSONAL EMERGENCY RESPONSE**

Diagnosis alone does not determine need for this service. The participant's MCO authorizes the need for this service based on an underlying medical or functional impairment.

This service does not duplicate other waiver services.

Personal emergency response units are electronic devices and have portable buttons worn by the participant. These units provide 24-hour-a-day on-call support to the participant having a medical or emergency need that could become critical at any time.

Examples include:

- Potential for injury
- Cardiovascular condition
- Diabetes
- Convulsive disorders
- Neurological disorders
- Respiratory disorders

### **PERSONAL EMERGENCY RESPONSE LIMITATIONS**

- Maintenance of rental equipment is the responsibility of the provider.
- Repair/replacement of rental equipment is not covered.
- Rental, but not purchase, of this service is covered.
- Call lights do not meet this definition.
- This service is limited to those participants who live alone, or who are alone a significant portion of the day in residential settings, and have no regular caretaker for extended periods of time, and who otherwise require extensive routine supervision.
- Once installed, these systems may be maintained on a monthly rental basis even if the participant is admitted to a nursing facility or acute care facility for a planned brief stay period not to exceed the two months following the month of admission in accordance with public assistance policy.
- Installation for each participant is limited to twice per calendar year.

### **PERSONAL EMERGENCY RESPONSE ENROLLMENT**

Any company providing personal emergency response systems is eligible to enroll.

### **PERSONAL EMERGENCY RESPONSE REIMBURSEMENT**

**Rental:**           **One unit equals one month.**  
Maximum unit cost equals \$26.52.  
Procedure code is S5161.

**Install:**           **One unit equals one installation (maximum of two installations per calendar year).**  
Maximum unit cost equals \$56.25.  
Procedure code is S5160.



## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **PERSONAL EMERGENCY RESPONSE continued**

#### **PERSONAL EMERGENCY RESPONSE DOCUMENTATION REQUIREMENTS**

For the installation service provided outside of a licensed adult care home, documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Personal Emergency Response Installation)
- Identification of the participant receiving the service (first and last name)
- Identification of the installer
- Date of service (MM/DD/YY)
- Start time for the installation, include AM/PM or use 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

For an installation service provided outside of a licensed adult care home and for those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Personal Emergency Response Installation)
- Participant's name (first and last) and signature
- Identification of the installer and signature
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

For the monthly rental service, written documentation is not required.

**Note:** For participants who have been notified by their MCO to receive services under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ENHANCED CARE SERVICES**

Enhanced Care Services (ECS) are available to a participant who demonstrates an assessed need for a minimum of six hours of sleep support within a 24-hour period. The assessed need cannot be met by the use of a Personal Emergency Response System (PERS), informal support, or any other service such as Personal Care Services (PCS).

#### **ECS can be provided as a self-directed or agency-directed service.**

- Self-directing participants or designated representatives are responsible for hiring, supervising, and terminating the employment of the PCS worker; understanding the impact of those decisions, and assuming responsibility for the results of those decisions.
- Self-directing participants and agencies employing ECS workers shall comply with applicable state and federal employment laws.
- Self-directing participants employing ECS workers are subject to the same quality assurance standards as other ECS providers including, but not limited to, completion of the tasks identified on the Integrated Service Plan (ISP).

#### **ECS is designed to provide supervision and/or non-nursing physical assistance during a participant's normal sleeping hours in his or her place of residence.**

- ECS must be provided in the participant's home or HCBS setting as approved and authorized on the ISP. Service providers must remain in the participant's home for the duration of this service provision based on the participant's normal sleep cycle as documented in the participant's ISP.
- The ECS worker must be able to be awakened and available to provide immediate supervision or physical assistance with tasks such as toileting, transferring, mobility, and medication reminders as needed.
- The ECS provider must be able to be awakened and capable of contacting a doctor, hospital, or medical professional in the event of an emergency.
- ECS is intended to provide support during a participant's normal sleep cycle and may include non-nursing help with tasks such as toileting and mobility.

#### **Participants in state custody cannot receive ECS.**

Refer to the *HCBS Financial Management Services Fee-for-Service Provider Manual* for additional information on responsibilities.

### **ENHANCED CARE SERVICES LIMITATIONS**

- Only one unit (a minimum of six hours) is allowed within a 24-hour period.
- ECS, in combination with other HCBS services, cannot exceed 24 hours within a 24-hour period.
- ECS must not be authorized when a participant resides in an assisted living facility (ALF), residential health care facility (RHCF), residential care facility (RCF), home plus, boarding care home, or residential supports for an individual with an intellectual and developmental disability (I/DD) that the participant has selected as a provider.
- Reimbursement of this service is provided as a flat rate. It is the responsibility of the employer to ensure adherence to all applicable labor regulations.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **ENHANCED CARE SERVICES continued**

- Only one ECS worker can be paid for services at any given time of the day. In order to prevent payment for overlapping services, ECS workers must not be paid for services when another HCBS program service is being provided on the same time on the same day. For example, an ECS worker cannot provide services while a participant is receiving PCS or is in therapy. The only exception is when justification for a two-person lift or transfer is documented on the ISP as necessary to meet the health and welfare needs of the participant.
- ECS workers must not work or be paid for providing ECS, PCS, or any other HCBS program service for multiple HCBS program participants at the same time.
- ECS must not duplicate any personal care services provided through the HCBS program, Medicaid State Health, third-party entity, informal supports, or by any other method.
- ECS is provided as a crisis exception service if the participant meets five of the six criteria below:
  - Lacks family or friends within close proximity to provide informal supports.
  - Has Adult Protective Service confirmation of self-neglect or abuse.
  - Lives in a rural or frontier area that is either more than 50 miles from any provider or the participant lives alone.
  - Has a severe cognitive impairment.
  - Is in the end stages of an illness and is receiving hospice care.
  - Scores a “4” in toileting, transferring, medication management and treatment, and walking and mobility.
- No person residing in the same residence shall be paid to provide ECS unless an exception is identified and authorized by the MCO to mitigate risk of institutionalization, and the exception is documented on the ISP in accordance with appropriate limitations and exception.
- ECS cannot be provided by a participant’s legally responsible person (spouse or parent of a minor child) or any individual residing in the home with the participant. However, exceptions may be authorized under one or more of the following conditions in accordance with the approved HCBS waivers:
  - The participant lives in a rural area, in which access to a provider is beyond a 50-mile radius from the participant’s residence, and the relative or family member is the only provider available to meet the needs of the participant.
  - The participant lives alone and has a severe cognitive impairment, physical disability, or intellectual disability.
  - The individual has exhausted other support options by the MCO and without ECS would be at significant risk of institutionalization.

### **ENHANCED CARE SERVICES EXCEPTION TO LIMITATIONS**

#### **Conflict of Interest Policy**

- A conflict of interest exists when the person responsible for developing the ISP to address functional needs is also a legal guardian, DPOA, or designated representative and that person is also a paid caregiver for the participant. Federal regulations prohibit the individual who directs services from also being a paid caregiver or financially benefitting from the services provided to an individual (42 CFR 441.505, as amended).
- A guardian or individual authorized as an A-DPOA may be paid to provide supports if the potential conflict of interest is mitigated.

## 8400. BENEFITS AND LIMITATIONS Updated 12/16

### ENHANCED CARE SERVICES continued

#### Health Maintenance Activities

- In accordance with the Healing Arts Act and the Nurse Practice Act, Health Maintenance Activities can only be performed by a licensed physician or nurse.
  - Nursing assistance can be provided without delegation or supervision if provided for free by friends or members of the participant's family (informal supports) as incidental care of the ill participant by a domestic servant or in the case of an emergency.
  - Nursing assistance can be provided as part of PCS directed by a participant or on behalf of a participant in need of in-home care, when the nursing procedure has been delegated through a written physician or RN statement to a participant who the physician or nurse knows or has reason to know is competent to perform those activities.
  - If authorized on the participant's ISP, a licensed physician or nurse shall provide a written delegation for the following health maintenance activities:
    - Monitoring vital signs
    - Supervision and/or training of nursing procedures
    - Ostomy care
    - Catheter care
    - Enteral nutrition
    - Wound care
    - Range of motion
    - Reporting changes in functions or condition
    - Medication administration and assistance
- For agency-directed PCS workers:
  - An attendant who is a certified home health aide or a certified nurse aide shall not perform any health maintenance activities without delegation and supervision by a licensed nurse or physician pursuant to K.S.A. 65-1165.
  - A certified home health aide or certified nurse aide shall not perform acts beyond the scope of their curriculum without delegation by a licensed nurse.
  - An agency shall maintain documentation of delegation by a licensed physician or nurse not employed by the agency. Agencies are responsible for ensuring appropriate supervision of delegated health maintenance activities.
  - Failing to properly supervise, direct, or delegate acts that constitute the healing arts to persons who perform professional services pursuant to such licensee's direction, supervision, order, referral, delegation, or practice protocols could result in discipline by the Board of Healing Arts.
- For self-directing participants:
  - A participant who chooses to self-direct care is not required to have the PCS supervised by a nurse or physician to perform health maintenance activities if both of the following apply:
    - Health maintenance activities can be provided without direct supervision.  
*" . . . if such activities in the opinion of the attending physician or licensed professional nurse may be performed by the participant if the participant were physically capable, and the procedure may be safely performed in the home."*  
K.S.A. 65-6201(d)

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## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ENHANCED CARE SERVICES continued**

- Health maintenance activities and medication administration and assistance are authorized, in writing, by a physician or licensed professional nurse.
- The participant's failure to properly supervise or direct health maintenance activities delegated to the participant by a physician or licensed professional nurse could result in the termination of self-direction for those activities.

### **Medication Administration and Assistance**

- Provided in a licensed facility
  - Any resident may self-administer and manage medications independently or by using a medication container or syringe prefilled by a licensed nurse or pharmacist or by a family member or friend providing this service gratuitously, if a licensed nurse has performed an assessment and determined that the resident can perform this function safely and accurately without staff assistance.
  - Any resident who self-administers medication may select some medications to be administered by a licensed nurse or medication aide. The negotiated service agreement shall reflect this service and identify who is responsible for the administration and management of selected medications.
  - If a facility is responsible for the administration of a resident's medications, the administrator or operator shall ensure that all medications and biologicals are administered to that resident in accordance with a medical care provider's written order, professional standards of practice, and each manufacturer's recommendations.
- Provided in a private residence
  - A KDHE-licensed or Medicare-certified Home Health Agency can provide nursing delegation to aides with sufficient training. The nurse delegation and training shall be specific to the particular participant and his or her health needs. The qualified nurse retains overall responsibility.
  - Medicare-certified Home Health Agencies and state-licensed Home Health Agencies may perform medication administration and assistance in accordance with their licenses.
  - Self-directing participants employing PCS workers who have a written physician's or registered nurse's statement to delegate health maintenance activities, including medication administration and assistance, are responsible to supervise PCS workers and train them to administer medication according to the physician's orders.

### **ENHANCED CARE SERVICES ENROLLMENT**

To enroll, providers must meet the provider requirements for FMS. Personal care services workers must be referred to the enrolled FMS provider of the participant's choice for completion of required human resources and payroll documentation.

### **ENHANCED CARE SERVICES PROVIDER REQUIREMENTS**

#### **ECS Workers**

- ECS workers must be 18 years of age or older, or have a high school diploma or equivalent, and meet the provider qualifications for providing ECS as defined in the HCBS program waiver.
- All ECS workers shall have all background check with no prohibited offenses prior to providing support services in accordance with the respective HCBS waiver requirements.

## **8400. BENEFITS AND LIMITATIONS Updated 12/16**

### **ENHANCED CARE SERVICES continued**

#### **Financial Management Services**

- Participants who are self-directing ECS must also receive FMS to receive the necessary information, assistance, and support with ministerial employer-related functions such as payroll and tax withholding.
- FMS providers provide information related to state and federal rules, employer duties, and HCBS program requirements and responsibilities. FMS providers provide assistance with employer-related functions, referrals to community options, and information on the options available related to participant direction.
- Refer to the *HCBS Financial Management Services Fee-for-Service Provider Manual* for policies related to FMS.

#### **ENHANCED CARE SERVICES REIMBURSEMENT**

The reimbursement for this service is defined as a range to allow flexibility and efficiency in service delivery, to provide consistency with other Medicaid services such as home health aide visits, and to meet the participant preferences in providers and service delivery methods. Participant health and safety and program cost-effectiveness will be monitored through case management. This will ensure providers deliver the necessary scope of services as agreed and defined in the plan regardless of the length of time needed to deliver the service.

#### **ENHANCED CARE SERVICES DOCUMENTATION REQUIREMENTS**

ECS paid for by the HCBS program are limited to the number of hours/units authorized on the ISP and in the AuthentiCare Kansas system. ECS workers for both agency-directed and self-directed employers are required to use AuthentiCare Kansas. This is necessary to comply with federal requirements to ensure the health and safety of participants and to prevent fraud, waste, and abuse.

- Documentation must be generated at the time of the visit. Generating documentation after the time of the visit is not acceptable.
- Documentation must be clear and self-explanatory, or reimbursement may be subject to recoupment.
- Documentation must be uploaded to AuthentiCare Kansas by the FMS provider and in the participant's file, as applicable.
- The applicable documentation must be maintained in the participant's file and documented in the participant's ISP, as appropriate.

Documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Enhanced Care Services)
- Identification of the participant receiving the service (first and last name)
- Identification of the personal care services worker
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours
- Stop time for each visit, include AM/PM or use 2400 clock hours

## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **ENHANCED CARE SERVICES continued**

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Enhanced Care Services)
- Participant's name (first and last) and signature on each page of documentation
- Personal care services worker's name and signature on each page of documentation
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours
- Stop time for each visit, including AM/PM or using 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

*Note:* For participants who have been notified by their MCO to receive services under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

## **8400. BENEFITS AND LIMITATIONS Updated 10/17**

### **WELLNESS MONITORING**

This service provides a wellness monitoring visit through nursing assessment by a licensed nurse. This service provides an opportunity for the nurse to check a participant's health concerns that have been identified by their MCO. This service reduces the need for routine physician/health professional visits and care in more costly settings. Any changes in the health status of the participant during the visits are then brought to the attention of the MCO and the physician as needed. A written report must be sent to the MCO documenting the participant's status within two weeks of the nurse visit.

#### **This service includes:**

- Nursing diagnosis
- Nursing treatment
- Counseling and health teaching
- Administration/supervision of nursing process
- Teaching of the nursing process
- Execution of the medical regimen

This service shall not duplicate other waiver services.

### **WELLNESS MONITORING LIMITATIONS**

- Wellness monitoring is limited to one face-to-face visit every 55 days, or less frequently, as determined by the MCO.
- Wellness monitoring requires a written follow-up report within two weeks of the face-to-face visit by the licensed nurse. This report will be sent to the MCO regarding the findings and recommendation of the licensed nurse.
- When an LPN performs this service, the provider must ensure that the requirements of the Nurse Practice Act are met.

### **WELLNESS MONITORING ENROLLMENT**

- County health departments
- The following entities licensed by KDHE:
  - Medicare-certified home health agencies
  - State-licensed home health agencies
- The following entities licensed by KDADS:
  - Home plus facilities
  - Assisted living facilities
  - Residential health care facilities
- Self-employed RNs licensed in Kansas

### **WELLNESS MONITORING REIMBURSEMENT**

One unit equals one face-to-face visit.

Maximum unit cost equals \$39.37.

Procedure code is S5190.



## **8400. BENEFITS AND LIMITATIONS Updated 05/19**

### **WELLNESS MONITORING continued**

#### **WELLNESS MONITORING DOCUMENTATION REQUIREMENTS**

Documentation is required for services provided and billed to KMAP. The nurse must provide the MCO with a written summary of the visit within two weeks of the visit. The written summary must, at a minimum, include the following:

- Identification of the waiver service being provided (Wellness Monitoring)
- Participant's name (first and last) and signature
- Nurse's name and signature with credentials
- Date of service (MM/DD/YY)
- Clinical measurements, as needed, based on the participant's presentation
- Review of systems, as needed, based on the participant's presentation
- Additional observations, interventions, teaching issues, etc.

For a service provided outside of a licensed adult care home, documentation must be collected by using the EV&M system, AuthentiCare Kansas. Electronic visit verification documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Wellness Monitoring)
- Identification of the participant receiving the service (first and last name)
- Identification of the nurse providing the service
- Date of service (MM/DD/YY)
- Start time for each visit, include AM/PM or use 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

For those limited instances where the participant does not have telephone (landline or cell) access, written documentation must, at a minimum, include the following:

- Identification of the waiver service being provided (Wellness Monitoring)
- Participant's name (first and last) and signature
- Identification of the nurse providing the service
- Date of service (MM/DD/YY)
- Start time for each visit, including AM/PM or using 2400 clock hours

For a postpayment review, reimbursement will be recouped if documentation is not complete.

Documentation must be generated at the time of the visit. Generating documentation after-the-fact is not acceptable. A sample of the HCBS FE Wellness Monitoring Log is on the public and secure websites. It may be used to document HCBS FE services. Use of this specific form is not required, but it may be duplicated for your use. Documentation must be clearly written and self-explanatory, or reimbursement may be subject to recoupment.

**Note:** For participants who have been notified by their MCO to receive services under ESD, the services must be documented following the written documentation requirements until the Medicaid determination is made. Upon determination of Medicaid and HCBS FE eligibility notification, services must immediately be documented through the EV&M system, AuthentiCare Kansas. Claims for services previously rendered must be manually entered into AuthentiCare Kansas to be confirmed and processed for payment.

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**Expected Service Outcomes for Individuals or  
Agencies Providing HCBS FE Services**

**Updated 11/17**

1. Services are provided according to the POC, in a quality manner, and as authorized on the Notice of Action.
2. Provision of services is coordinated in a cost-effective and quality manner.
3. Participant's independence and health are maintained, where possible, in a safe and dignified manner.
4. Participant's concerns and needs, such as changes in health status, are communicated to the MCO care coordinator within 48 hours, including any ongoing reporting as required by the Medicaid program.
5. Any failure or inability to provide services as scheduled in accordance with the POC must be reported immediately, but at least within 48 hours, to the MCO care coordinator.

KDADS has established an adverse incident reporting and management system in accordance with the statutory requirements under 1915 (c) of the Social Security Act and the health and welfare waiver assurance and associated sub-assurances.

The Adverse Incident Reporting (AIR) system is designed for KDADS service providers and contractors to report all adverse incidents and serious occurrences involving individuals receiving services from KDADS. Providers can access the AIR system from the [KDADS](#) Home page under the **Quick Links** heading.

**I. General Requirements**

- A. All HCBS providers shall make adverse incident reports in accordance with this policy as set forth herein.
- B. All adverse incidents, except those required to be reported to the Kansas Department of Children and Families (DCF) indicated below in General III A 1 shall be reported no later than 24 hours of becoming aware of the adverse incident by direct entry into the KDADS web-based AIR system.
- C. Incidents shall be classified as adverse incidents when the event or incident brings harm or creates the potential for harm to any individual being served by a KDADS HCBS waiver program, the Older Americans Act, the Senior Care Act, the Money Follows the Person program, and the Behavioral Health Services programs.

**II. Adverse Incident Definitions**

- A. **Abuse:** Any act or failure to act performed intentionally or recklessly that causes or is likely to cause harm to a participant, including:
  1. Infliction of physical or mental injury
  2. Any sexual act with a participant that does not consent or when the other person knows or should know that the participant is incapable of resisting or declining consent to the sexual act due to mental deficiency or disease or due to fear of retribution or hardship

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3. Unreasonable use of a physical restraint, isolation, or medication that harms or is likely to harm the participant
  4. Unreasonable use of a physical or chemical restraint, medication, or isolation as punishment, for convenience, in conflict with a physician's orders or as a substitute for treatment, except where such conduct or physical restraint is in furtherance of the health and safety of the participant or another individual
  5. A threat or menacing conduct directed toward the participant that results or might reasonably be expected to result in fear or emotional or mental distress to the participant
  6. Fiduciary abuse
  7. Omission or deprivation by a caretaker or another person of goods or services which are necessary to avoid physical or mental harm or illness
- B. **Death:** Cessation of a participant's life.
- C. **Elopement:** The unplanned departure from a unit or facility where the participant leaves without prior notification or permission or staff escort.
- D. **Emergency Medical Care:** The provision of unplanned medical services to a recipient in an emergency room or emergency department.  
*Note:* The unplanned medical care may or may not result in hospitalization.
- E. **Exploitation:** Misappropriation of the participant's property or intentionally taking unfair advantage of a participant's physical or financial resources for another individual's personal or financial advantage by the use of undue influence, coercion, harassment, duress, deception, false representation, or false pretense by a caretaker or another person.
- F. **Fiduciary Abuse:** A situation in which any person who is the caretaker of, or who stands in a position of trust to, a participant takes, secretes, or appropriates their money or property to any use or purpose not in the due and lawful execution of such person's trust or benefit.
- G. **Law Enforcement Involvement:** Any communication or contact with a public office that is vested by law with the duty to maintain public order and/or make arrests for crimes and investigate criminal acts, whether that duty extends to all crimes or is limited to specific crimes.
- H. **Misuse of Medications:** The incorrect administration or mismanagement of medication by someone providing a KDADS Community Services and Programs service which results in or could result in serious injury or illness to a participant.
- I. **Natural Disaster:** A natural event such as a flood, earthquake, or tornado that causes great damage or loss of life.  
*Note:* Approved emergency management protocols are to be followed, documented, and reported as required by the policy in the AIR system. A separate AIR report shall be made for all HCBS participants in the area who are impacted by the natural disaster.
- J. **Neglect:** The failure or omission by one's self, caretaker, or another person with a duty to supply or to provide goods or services which are reasonably necessary to ensure safety and well-being and to avoid physical or mental harm or illness.
- K. **Seclusion:** The involuntary confinement of a participant alone in a room or area from which the participant is physically prevented from leaving.
- L. **Restraint:** Any bodily force, device/object, or chemical used to substantially limit a person's movement.

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**Updated 11/21**

- M. **Serious Injury:** An unexpected occurrence involving the significant impairment of the physical condition of a participant.  
*Note:* Serious injury specifically includes loss of limb or function.
- N. **Suicide:** Death caused by self-directed injurious behavior with any intent to die as a result of the behavior.
- O. **Suicide Attempt:** A nonfatal self-directed potentially injurious behavior with any intent to die as a result of the behavior.  
*Note:* A suicide attempt may or may not result in injury.

III. Adverse Incident Reporting Requirements

- A. Reporting abuse, neglect, exploitation, and fiduciary abuse as required by K.S.A. 39-1433, K.S.A. 38-2223:
  - 1. All reports regarding abuse, neglect, exploitation, and fiduciary abuse shall be made to DCF as required by K.S.A. 39-1433, K.S.A. 38-2223.
  - 2. Once the DCF reports are automatically uploaded in the AIR system, duplicate reports to the KDADS AIR system shall not be required. Duplicate reports will therefore be required until KDADS provides notice that the DCF upload process is functional.
- B. Reporting of all other adverse incidents not covered via K.S.A. 39-1433, K.S.A. 38-2223:
  - 1. The reporting of all other adverse incidents, as defined in this policy, not required via K.S.A. 39-1433, K.S.A.38-2223, shall be made through the AIR system.

**Military Inclusion**

Active duty or honorably discharged military personnel and/or immediate family members are permitted to bypass the waitlist for Health and Community Based Services (HCBS) programs in acknowledgment of their dedication and service to the United States of America.

**I. Policy**

- A. The Kansas Department for Aging and Disability Services (KDADS) determines HCBS waiver program eligibility for all HCBS waivers in the State of Kansas.
  - 1. Each current and approved HCBS waiver program has reserved capacity for active or honorably discharged military personnel and/or immediate family members.
- B. Active or honorably discharged eligible military personnel and/or immediate family members (eligible dependents) may bypass the HCBS program waitlists, and access services, if the following criteria are met:
  - 1. The military personnel must show proof of active-duty service or an honorable discharge.
    - (a) Proof of active service or honorable discharge shall be any of the following:
      - i. Most recent copy of Leave and Earning Statement (LES)
      - ii. Valid Military Identification Card
      - iii. Certificate of Release or Discharge from Active Duty (Form DD-214)
  - 2. The military personnel, or eligible dependent, must present documentation showing proof of:

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- (a) Coverage under Tricare Extended Care Health Option (ECHO) during the time of military service; or
  - (b) Coverage under Tricare Extended Care Health Option (ECHO) at the time of separation from active military service.
3. Be a Kansas resident, by maintaining or demonstrating the intent to make Kansas the principal place of residency, consistent with K.S.A. 79-39,109 and K.A.R. 95-12-4a.
- (a) Evidence supporting residency or demonstrating the intent to establish residency, may include, but is not limited to, the following:
    - i. Proof eligible military personnel is registered to vote in Kansas
    - ii. Proof eligible military personnel has filed a Kansas resident income tax return for the most recent taxable year
    - iii. Proof eligible military personnel has current motor vehicle registration in Kansas
    - iv. Proof eligible military personnel holds a current valid Kansas driver's license or non-driver identification card
4. A dependent of military personnel residing in the state of Kansas may qualify for military inclusion exception.
- (a) A qualifying dependent must meet the criteria for dependency as defined by the Internal Revenue Service (IRS).
  - (b) Evidence supporting dependency may include, but is not limited to, the following:
    - i. Recent tax return
    - ii. Marriage license
    - iii. Birth certificate
    - iv. Court order
    - v. Adoption documentation
5. The eligible military personnel or their eligible dependent must meet the functional eligibility, program eligibility, and financial eligibility requirements for the HCBS waiver program that they have requested.
- (a) Financial eligibility for all HCBS waiver programs is determined by the Kansas Department for Health and Environment (KDHE)

## **II. Procedures**

- A. Functional Eligibility Determination
  - 1. If an active or honorably discharged military personnel and/or their dependent is referred to an assessing entity for functional assessment, and if the individual requests an exception based on military inclusion, the assessor shall collect the proof of the following:
    - (a) Kansas residency
    - (b) Military member's or dependent's Tricare Echo Verification Documentation, and
    - (c) Proof of active-duty service through documentation (such as Form DD-214)
    - (d) Proof of dependency on qualified military personnel (when applicable)

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- B. Applicant shall provide required supporting proof of military service to the assessing entity at the time of functional assessment:
  - 1. If such documentation is not available at the time of functional assessment, the assessor shall proceed with completing a functional assessment based upon applicable current/approved waiver program requirements, policy, and procedures.
    - (a) Supporting proof of military service must be provided to the state's designated system of record no later than five days after the functional assessment to be considered for inclusion exception during program eligibility determination.
    - (b) The assessor must notify the appropriate HCBS Program Manager, or designated state agency, of receipt and validation of the appropriate documentation showing qualification for military inclusion exception.
- C. For individuals separating from active-duty military service:
  - 1. A functional assessment must be completed within 30 days of termination of active duty or separation from military service to be considered for the military inclusion exception.
  - 2. If an individual meets the functional eligibility but fails to meet the requirements for a military inclusion exception, then the individual may:
    - (a) Access an HCBS program in the same manner as any other applicant found functionally eligible; or
    - (b) Be placed on the appropriate waitlist as of the date of functional eligibility if the qualifying HCBS program has a waitlist.
- D. After validating the proof of military service and determining that an eligible military personnel or eligible dependent meets the requested HCBS waiver functional eligibility criteria:
  - 1. The assessor shall follow functional assessment and waiver eligibility procedures of the relevant HCBS waiver program.
    - (a) The assessor shall notify, using the state-designated communication method, the appropriate HCBS Program Manager, or designated state agency, of receipt and validation of the appropriate documentation showing qualification for military inclusion exception listed in the Section I of this policy.
  - 2. KDADS may request the supporting documentation proving eligibility for military inclusion exception from the assessor, or directly from the individual deemed eligible for military inclusion exception to support a program eligibility determination.
- E. If the assessor determines the individual seeking military inclusion exception for themselves or their dependent is not functionally eligible for the HCBS waiver program:
  - 1. The assessor shall follow waiver policies and procedures applicable to the waiver program that the applicant has applied.
  - 2. The assessor shall counsel the applicant on alternative community options and services, including services available through the Veterans Affairs (VA) Administration.

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### III. Documentation

- A. KDADS HCBS Program Manager shall follow established current/approved HCBS waivers, policy, and procedures in requesting and responding to requests for waiver program eligibility.

### IV. Definitions

- A. **Dependent/Immediate Family Members** - As defined by the Internal Revenue Service (IRS), a spouse, child, parent, brother, sister, grandparent, grandchild, step-parent, step-child, step-brother, or step-sister of the individual in the military (IRM 1.25.1.2.2) who is claimed on the military personnel's federal income tax return as a dependent qualifying widower and dependent child, qualifying child or qualifying relative as established in the IRS Publication 501.
- B. **Financial Eligibility** – The process whereby a participant is determined to be eligible for health care coverage for reimbursement through Medicaid as determined by an authorized agent or personnel designated by the State. In this case, the Single State Medicaid Agency is the KDHE.
- C. **Functional Assessment** – The current KDADS approved tool used by a state-contracted assessor to assess a person's functional eligibility.
- D. **Functional Eligibility** - The process whereby a participant is determined to meet the level of care need for an institutional setting to access a Medicaid-funded HCBS waiver program as determined by a state-contracted assessor.
- E. **Military Personnel** – Active or reserve duty members of the armed forces including the United States Army, Navy, Marines, Air Force and Coast Guard, as well as, the activated Kansas National Guard.
- F. **Program Eligibility** – The process whereby a participant is determined to be eligible for a Medicaid-funded KDADS HCBS waiver program as determined by KDADS or its designated State agency.
- G. **Resident** – A citizen of the United States who has a fixed home in Kansas, does not intend to leave Kansas and whenever absent, if for temporary purposes, intends to return to Kansas as evidenced by several factors found in K.A.R. 92-12-4a, including, but not limited to, spending more than six months of the taxable year in Kansas, voting or being registered to vote in Kansas, obtaining or maintaining a current valid driver's license or non-driver identification card, and paying Kansas income and property taxes and that person's domicile is within Kansas.
- I. **State-contracted Assessor** – Authorized agent or personnel, approved by the State, responsible for completing the functional eligibility assessments for individuals applying for KDADS HCBS waiver programs.

